

## NATIONAL INSTITUTE OF TECHNICAL TEACHERS' TRAINING & RESEARCH, BHOPAL

### “Department of Technical Vocational Education and Research”

1. **Course Name:** Women Empowerment: Issues, Challenges and Policy Guidelines

2. **Duration:** 31<sup>st</sup> Oct – 11<sup>th</sup> Nov 2022 (Two Weeks)

3. **Justification for offering the course:**

This programme focuses on updating participants about the policy guidelines and laws with respect to women, which empower them in the professional arena and also enhance their positive attitude towards the work culture. This would benefit them and in turn enrich the society as a whole.

4. **Rationale :**

Women are increasingly represented in the work force, but they are still facing challenges at the work place. Problems such as those related to balancing their work life and home, lack of confidence, poor communication skills, identifying a career progress track are commonly seen. To excel in career, women need to build their own capacity, maintain relationships and watch for opportunities that will help her to grow in a savvy manner. The net effect is that there are fewer opportunities that exist for women for career advancement and they have to make the most from the little opportunities available. The empowerment and autonomy of women and the improvement of their political, social, economic and health status is essential for the achievement of sustainable development. In many parts of the world and more so in the developing countries, women face numerous threats to their health, well-being, and progress, not only as a result of their lack of power and influence, but also as a result of being overburdened with work. Shared responsibilities, participation and partnership of both men and women in both productive and reproductive responsibilities is therefore crucial for the improvement of women's well-being and for development in general. Therefore, with regard to the above, this programme is targeted to train the participants to pursue capacity building for women empowerment. Awareness about laws with respect to women will also place them an edge better in the professional arena and enhancement of their positive attitude towards the work culture. They would benefit and in turn enrich the society as a whole and may contribute in leadership role for empowerment. This would benefit and in turn enrich the society as a whole and may contribute in leadership role for empowerment.

5. **Course Competency:**

The participants will be able to frame strategies for empowerment in the light of issues, challenges and policy guidelines.

6. **Course Outcomes:**

- Interpret laws and policy guidelines related to Women Empowerment for the benefit of stakeholders.
- Suggest approaches for interventions through gap analysis of women issues.
- Formulate approaches to promote equality and equity for gender neutrality.

- Analyse case studies of empowered women to formulate strategies for women empowerment.
- Suggest strategies to promote spirit of initiative and leadership in women for empowerment and growth

#### **7. Instructional Strategy:**

- Input -cum-Discussion
- Case Studies
- Group discussion
- Role Play
- Industrial/Field Visits

#### **8. Assessment Scheme**

- Pre-Test
- Progressive Assessment during the program through activities and presentations.
- Achievement test on the last day of the program